



# Parenting Your Gifted Child

SENG Model Parent Group (SMPG) - A guided discussion group for parents/caregivers of gifted/highly capable or twice exceptional children

## You are invited to join a discussion group with other parents of gifted kids:

Join this weekly opportunity to share ideas, strategies and support in a relaxed setting, guided by trained facilitators. Through the valuable insights of the other parents and reading the book *A Parent's Guide to Gifted Children*, you will learn more about giftedness, discuss the challenges of parenting, and share strategies for supporting our gifted children while enhancing family relationships. SMPGs are not therapy sessions; however, participants often find the sessions to be therapeutic, empowering and comforting. Topics covered include:

- Characteristics of gifted children
- Communication
- Motivation, enthusiasm & underachievement
- Establishing discipline and teaching self management
- Intensity, perfectionism & stress
- Idealism, unhappiness & depression
- Acquaintances, friends, & peers
- Only children & siblings
- Values, traditions & uniqueness
- Complexities of successful parenting

**When:** Tuesdays from 7:00p.m. to 8:30 p.m., Feb. 20 to May 1, 2018 (ten-session series; will not meet during Spring break on April 3).

**Where:** Lake Stevens High School Library, 2908 113<sup>th</sup> Ave. NE, Lake Stevens, WA 98258

**Who:** Sponsored by the Lake Stevens Challenge our Children parent group and Northwest Gifted Child Association ([www.NWGCA.org](http://www.NWGCA.org)).  
Co-facilitated by Denise Anderson & Kristin Wells. Kristin is the Chair of the Lake Stevens Challenge our Children parent group. Denise is a certified SMPG facilitator and has an MA in Marriage and Family Therapy. Both Kristin & Denise parent gifted children.

**Contact:** Kristin Wells at [hicapkids@gmail.com](mailto:hicapkids@gmail.com)

**About SENNG:** SENNG's mission is to empower families and communities to guide gifted and talented individuals to reach their goals: intellectually, physically, emotionally, socially, and spiritually: [www.sengifted.org](http://www.sengifted.org).



**Cost:** \$120.00 - Covers the cost of the facilitated, ten-session series; the book *A Parent's Guide to Gifted Children* by James T. Webb, PhD; materials; and registration for one or two parents/caregivers. Needs-based scholarships available.

**Registration:** Register early: class size is limited to 20 participants (minimum 10).

**Register online at [www.tinyurl.com/LakeStevensSMPG](http://www.tinyurl.com/LakeStevensSMPG)**

## What past participants have said:

"The class and book have been a lifesaver! I can't say enough good about them and feel that every parent should have the opportunity to be in a gifted parent discussion group!"

"I came into this class a little nervous and wondering what I would learn, just like everyone else. I'm leaving it knowing that I have made some good friendships and have gained a lot of knowledge about myself, my child, and how he perceives the world."

"This has been a great life saving class. It has been great knowing that I am not alone in the difficulties we have."

"Motivating my child to do homework and chores is now easier because of this group."